

15th ANNUAL Iowa Volleyball Coaches Clinic March 6 - 7, 2009 • Ames, IA



CLINIC SPEAKERS



MARY WISE

University of Florida Head Coach

USA Volleyball bestowed the prestigious honor of "All-Time Great Coach" upon Florida head coach Mary Wise in 2006 – an honor that is well deserved. Coach Wise's 17-year tenure at Florida features unparalleled success. In 2008, Wise guided the Gators to their 18th-straight SEC regular-season title, breaking an NCAA Division I women's volleyball record for most consecutive conference championships won. In addition, the Gators' 27 victories extended the nation's longest streak of 25-win seasons to 18 in a row. An 11-time winner of the SEC Coach of the Year award, Wise has also been named the national coach of the year twice (1992, 1996). Under Wise, a Florida player has earned the SEC Player of the Year award in each of the last 13 seasons, and 21 different players have earned a sum of 49 All-America honors.

Coach Wise's topics are:

- *Practice Planning: Making the Most Out of Every Minute*
- *Winning Strategies for Match Prep & Match Coaching*

CHRISTY JOHNSON



Iowa State University Head Coach

Christy Johnson has put the Iowa State volleyball program into the national spotlight. Johnson led the Cyclones to the Elite Eight in 2008, and third straight NCAA Tournament appearance. During Johnson's tenure, Iowa State has established itself as one of the top defensive teams in the nation. In 2007, ISU finished ninth in the nation in blocks per game (3.28) and led the Big 12 in digs per game (10.08) – only the second school in Big 12 history to lead the league in that category in back-to-back seasons. At Wisconsin she helped lead the Badgers to one NCAA Championship game and three Big Ten titles. Johnson was the starting setter on the 1995 Nebraska team that won the NCAA championship.

Coach Johnson's topic is:

- *Setting to Your Strengths*

ANNE KORDES



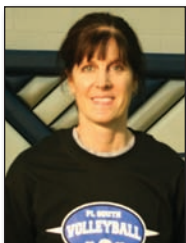
Saint Louis University Head Coach

In just four seasons on the job, Coach Kordes has already taken the Billiken program to new heights with its first ever-NCAA Tournament appearance in 2006, and followed that up with 23 victories in 2007 - the most successful season of Kordes' head-coaching career. She also coached a program-record three All-Conference first team players, that included Whitney Roth, the A-10 Setter of the Year. Last winter, USA Volleyball chose her to be an assistant coach for the Girls' Youth National Team, which competed at the 2007 FIVB Girls' Youth National Championships.

Coach Kordes' topics are:

- *Importance of the First Contact: Serve Receive and Serving Strategies*
- *Ball Control Drills: How to Maximize Touches*

GWEN EGBERT



Papillion-LaVista South (NE) HS Head Coach

Coach Egbert led Papillion-LaVista South to a runner-up finish in their first appearance at state in 2008. Prior to moving to Papillion-LaVista South, Egbert spent 16 seasons as Head Coach at Papillion-LaVista. While there she led her squad to 14 state tournament appearances, winning three consecutive state championships, and finishing as runner-up five times. She owns over 500 career victories. Egbert also coaches for the Nebraska Juniors Volleyball club, taking the 18 and under team to two third place and three top 5 finishes at USAV nationals in the open division.

Coach Egbert's topic are:

- *Skill Breakdown: How To Do It & What to Look For*
- *Middle Transition from Simple to Complex*

JOHN KESSEL

*Director of Membership Development
and Disabled programs for USA Volleyball*



Since 1985, Kessel has been working for the National Governing Body of the sport, USA Volleyball. He has been coaching since 1971 at the collegiate level or above, including Women's U.S. Open titles in 1986 & '87. Kessel was Team Leader for the 2000 USA Olympic Beach Volleyball Teams in Sydney, which brought home one gold medal, and for the 2004 USA Paralympic Women's Sitting Volleyball Team in Athens, which came home with the bronze medal. He also served as head coach/team leader for the 1999 and 2003 USA Pan Am Games Beach teams. In 1995, Volleyball Magazine named him one of the 50 most important people in the sport in the past 100 years.

Coach Kessel's topics are:

- *The Game Teaches the Game*
- *From Positive to Perfection*
- *Training Secrets & Tools to Enhance Drills*

SHARON DINGMAN



University of Iowa Head Coach

In her first year at Iowa, Coach Dingman led the Hawkeyes to their most successful campaign since 2000. Dingman set a personal milestone at Northwestern Nov. 14 when she recorded her 350th career win. Dingman comes to Iowa after serving as head coach at Illinois State. In 2007, Dingman led the Redbirds to their first at-large berth into the NCAA Tournament since 1997. Illinois State produced winning seasons in seven of the eight seasons under Dingman and never finished lower than fifth in the Missouri Valley Conference.

Coach Dingman's topics are:

- *Building a Team Defense*
- *Drills, Drills, Drills*

TOM SONNICHSEN

Grinnell College Head Coach



Coach Sonnichsen has coached volleyball at all levels, from junior clubs and high school teams to collegiate Division I and USA Volleyball Open competition. He joined Grinnell's coaching staff in 1997, and a year later led the Pioneer volleyball team to their most successful season in program history. Prior to his coming to Grinnell, Sonnichsen developed a national caliber team at Baylor University in Texas. He was selected the Southwest Conference Coach of the Year in 1991. In 1993 he guided the Bears to a runner-up finish in the program's first post-season tournament, the National Invitational Volleyball Championships.

Coach Sonnichsen's topic is:

- *Out of System Strategies*