

15th ANNUAL
Iowa Volleyball Coaches Clinic
March 6 - 7, 2009 • Ames, IA



CLINIC SCHEDULE

FRIDAY, MARCH 6, 2009

ALL LECTURE SESSIONS HELD AT GATEWAY HOTEL

- 9 a.m. **REGISTRATION**
- 10:30 a.m. *Practice Planning: Making the Most Out of Every Minute* (Mary Wise)
- 11:20 a.m. **NOON BREAK**
- 12:50 p.m. *The Game Teaches the Game* (John Kessel)
- 1:50 p.m. *Winning Strategies for Match Prep & Match Coaching* (Mary Wise)
- 2:40 p.m. **VENDOR BREAK & DOOR PRIZES IN THE GARDEN ROOM**
- 3 p.m. *Skill Breakdown: How To Do It & What to Look For* (Gwen Egbert)
- 3:50 p.m. **VENDOR BREAK & DOOR PRIZES IN THE GARDEN ROOM**
- 4:10 p.m. *Building a Team Defense* (Sharon Dingman)
- 5 to 7:20 p.m. **DINNER BREAK**
- 7:20 p.m. *Importance of the First Contact: Serve Receive and Serving Strategies* (Ann Kordes)
- 8:10 p.m. **VENDOR BREAK & DOOR PRIZES IN THE GARDEN ROOM**
- 8:30 p.m. *From Positive to Perfection* (John Kessel)
- 9:45 p.m. **GTM COACHES SOCIAL**

Speakers and topics are subject to change

SATURDAY, MARCH 7, 2009

ALL SATURDAY SESSIONS HELD AT FORKER GYM/ISU CAMPUS

- 7:15 a.m. **BREAKFAST ROLLS AND COFFEE AT FORKER GYM**
- 8:30 a.m. **SPLIT SESSION**
- *Forker Gym #184 - Training Secrets & Tools to Enhance Drills* (John Kessel)
 - *Forker Gym #175 - Ball Control Drills: How to Maximize Touches* (Ann Kordes)
- 9:40 p.m. **SPLIT SESSION**
- *Forker Gym #184 - Middle Transition from Simple to Complex* (Gwen Egbert)
 - *Forker Gym #175 - Drills, Drills, Drills* (Sharon Dingman)
- 10:50 a.m. **SPLIT SESSION**
- *Forker Gym #184 - Setting to Your Strengths* (Christy Johnson)
 - *Forker Gym #175 - Out of System Strategies* (Tom Sonnichsen)

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Register by Feb. 27, 2009 and save \$10

Note: Online Registration ends at 5 p.m. (CST) on Thursday, March 5, 2009.

You may also register at the door for \$120 on Friday, March 6, 2009.

Clinic Registration Refund Policy: All refunds are subject to a \$25 processing fee. No refunds after Feb. 27, 2009.

GRADUATE CREDIT

One hour of graduate credit is available to those in attendance. This is offered through the Drake University Office of Extension Education. The cost is \$90. Tuition may be paid on site by check, MasterCard or Visa.

HEADQUARTERS

Gateway Hotel & Conference Center
 2100 Green Hills Drive Ames, IA 50014
 (US Highway 30 & University Blvd – formerly Elwood Dr.)