

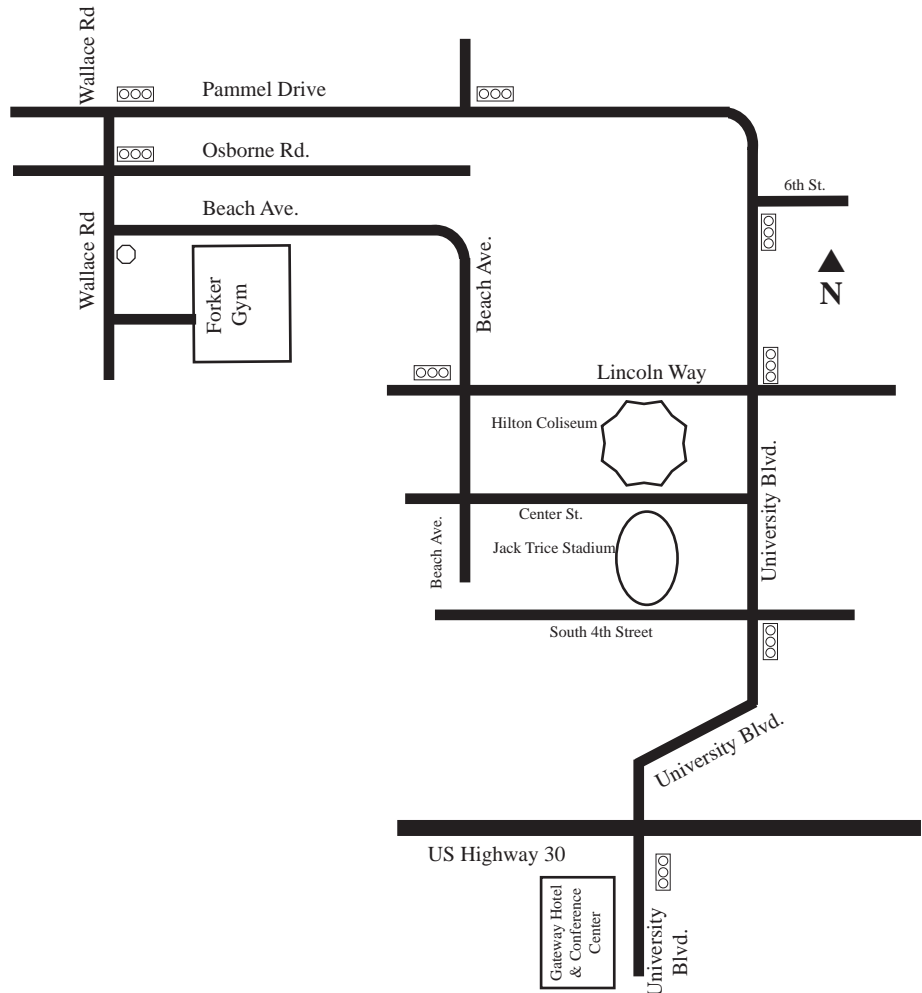
15th ANNUAL Iowa Volleyball Coaches Clinic March 6 - 7, 2009 • Ames, IA



DIRECTIONS TO FORKER GYM

(From the Gateway Hotel)

1. Go North (left) on Elwood Drive:
2. Stay on Elwood through the Lincoln Way intersection, and follow the curve, heading West. Elwood turns into Pammel Drive - keep driving West on Pammel:
3. At the stoplight intersection of Pammel and Wallace Road take a left (South):
4. Follow Wallace (thru 1 light - Osborne Dr.) to the three-way stop (Beach Ave.). Continue South thru the stop sign and take first or second left to Forker Gym parking lot.
5. Enter Forker Gym through the West doors, down the stairs and turn left. Rooms 175 and 184 will be down this hall.



* All Registration/Lectures at
Gateway Hotel & Conference Center.

SATURDAY SESSIONS AT FORKER GYM / ISU CAMPUS

8:30 a.m.

Room 184

*Training Secrets & Tools
to Enhance Drills*
(John Kessel)

Room 175

*Ball Control Drills:
How to Maximize Touches*
(Ann Kordes)

9:40 a.m.

Room 184

*Middle Transition
from Simple to Complex*
(Gwen Egbert)

Room 175

Drills, Drills, Drills
(Sharon Dingman)

10:50 a.m.

Room 184

Setting to Your Strengths
(Christy Johnson)

Room 175

Out of System Strategies
(Tom Sonnichsen)