

# 41<sup>st</sup> ANNUAL Iowa Track & Field Coaches Clinic Dec. 11-12, 2009 • Ames, IA



## CLINIC SPEAKERS



### MAURICE WILSON

*Jamaican National Track & Field Team Assistant Coach (Sprints)*

The Jamaican Sprint teams are dominating the world track scene, and sprint coach Maurice Wilson has played a major role in its success. One of Jamaica's up and coming coaching stars, Maurice Wilson has served as an assistant on the Jamaican National Team at the 2008 and 2004 Olympic Games, as well as in four World Championships. Wilson's athletes have dominated the 400m events – reaching the Olympic finals in 400m and medaling in the 4x400m relays. In addition, Wilson served as head coach to the 2002 and 2001 Jamaican World Junior Teams. Wilson has mastered his craft in the trenches at the high school level, serving as Head Girls Track Coach at Holmwood Technical High School in Manchester (JA), where his squads have taken seven consecutive girls championships. In addition, Wilson coached Schillonie Calvert, the 2008 NACAC under 23 100m champion. He carries an IAAF Level one and two certification.

### BARBARA CROUSEN

*McMurray University Track & Field Head Coach*



Coach Crousen guided McMurry's men to the NCAA Division III Outdoor National Championship in 2008, becoming the first female coach to win an NCAA men's track title. It was also gave the school its first national title of any kind since it began intercollegiate athletic competition in 1923. She followed that up with a runner-up finish in 2009 – finishing just four points shy of repeating as national champions. Crousen has led the men's team to 11 consecutive American Southwest Conference titles (1999-2009) and the women's team to 10 ASC championships in the last 11 seasons (1999-2004, 2006-2009). During

that time, she has been named the ASC's Men's Coach of the Year all 11 seasons and nine times she was named the Women's ASC Coach of the Year. In 2009, she was named the men's South Region Coach of the Year marking the sixth time she'd earned the honor. Crousen was named the women's South Region Coach of the Year three straight years (2000-2002) including the nation's highest honor in 2001 when she was named NCAA Division III National Coach of the Year.

### DANNY HARRIS

*Iowa State University Assistant Coach (sprints / hurdles)*



In 2008, Olympic silver medalist Danny Harris returned to Iowa State where he starred from 1984-1987. Harris won a national championship in the 400-meter hurdles. In fact, he was never beaten by a collegiate athlete in the 400-meter hurdles during his time at Iowa State (37-0). Harris received All-American honors 12 times and won 16 Big Eight Championships in his Iowa State career. Harris helped lead the Cyclones to three outdoor Big Eight team titles and two indoor crowns during his three year career.

Harris set Big Eight records in the indoor 400 hurdles, 600 yards and 4x400 relay. During his career as a Cyclone, Harris earned a silver medal at the 1984 Olympic Games in Los Angeles. He won the U.S. Championship in the 400 hurdles in 1986 and placed second at the IAAF World Championship in 1987. Harris' greatest fame came when he ended Edwin Moses' 122-race winning streak in June of 1987 in Madrid, Spain.

### JAY JOHNSON

*Founder and director of the Boulder Running Camps*



Jay Johnson spent six years as the middle distance coach, assistant cross-country coach and recruiting coordinator for the Colorado University Track and Field program. A former runner at CU, Johnson was a three-year letterwinner in cross-country and track and field. While at CU, his squad won three Big 12 and three Mountain Region titles. He was a 12-time academic all-conference selection and was named the CU Male Scholar Athlete of the Year in 1999. He now coaches a small group of post collegiate athletes in Boulder while writing a weekly Q&A and training tip for NikeRunning.com.

### NAT PAGE

*Georgia Tech Assistant Coach (field events and Sprint hurdles)*



Nat Page is in his 14th year as an assistant coach at Georgia Tech. Since joining the Tech staff in 1996, Page has mentored Tech student-athletes to 37 ACC titles, 39 All-America performances and four national titles. Page was named the NCAA South Region Men's Assistant Coach of the Year in 2008, and the Mondo Women's Jumps/Multi Events Coach of the Year in 2004. Some of Page's more accomplished athletes include Terrance Trammell, the 2009 USA Indoor 60-meter hurdle national champion who earned silver medals in the 110-meter hurdles at both the 2007 and 2009 World Championships; and Chaunte Howard, who won the high jump at the '08 U.S. Olympic trials, and went on to place sixth at the 2008 Beijing games. She also won the Gold medal at the 2009 U.S. Outdoor National Championships this past summer. Howard ended her career at Tech as a six-time ACC champion, six-time All-American, three-time NCAA champion and three-time ACC Most Valuable Performer. Page has coached nine World Championship team members and five Olympians.

### JIM AIKENS

*William Fremd (IL) High School Head Coach*



Illinois Track & Cross Country Coaches Hall of Fame member Jim Aikens has been coaching the throws since 1984. During this time he has never failed to qualify a thrower for the state meet. He became head coach at William Fremd High School in Palatine (IL) in 1990. During this time Aikens' throwers have won four state championships, as well as eight conference championships, six sectional championships and four top 7 finishes at the Illinois state meet. Aikens has served as the director of Junior Athletics for USA Track & Field in the state of Illinois and holds USA Track & Field Level 1 and Level 2 certification. He is a Level One USATF Lead Instructor and is a USATF Nationally Certified Official in the throws.

### TREVOR RICHARDS

*Drake University Assistant Coach (Pole Vault)*

Trevor Richards is in his 11<sup>th</sup> year as a pole vault coach at Drake University. While at Drake, Richards coached Joel Lelacheur to two consecutive appearances in the NCAA Midwest Regionals. Under Richard's tutelage, Lelacheur set a Drake freshman record record at 16-2. He also coached Jessica Hetcko to school indoor and outdoor records in the women's pole vault. Richards was captain of the 1990 Iowa State Track team and finished third in the Big Eight Conference outdoor meet that year. He owns the Iowa State school indoor (17-0.5) and outdoor (17-5) records. Richards won the gold medal in the masters 40 age division at the World Masters Track and Field Championships in 2007 and finished as the runner-up at the 2009 Drake Relays Master Vault event.

